

**Course Title:**

**Automated External Defibrillator (AED) Training Course**

**Duration:**

6hrs

**Description:**

H2O Training provides a 1 day AED course that meets the recommendations of the European Resuscitation Council for First Responder Defibrillation. Ideally candidates will already hold a First Aid at Work certificate but a recap on CPR will be given.

**Course contents:**

- An overview of Ventricular Fibrillation and the use of defibrillators.
- Emphasis on early intervention, early CPR and the importance of the 'Chain of Survival'.
- Lots of hands-on practice for students using training AED's.
- Scenario practice sessions tailored to portray similar situations to which the student may have to respond.
- Maintenance and troubleshooting of AED's.

**Assessment and certification:**

A final assessment of knowledge and skill is a requirement of this programme. This is valid for one year but retraining is Successful candidates will be awarded a plastic qualification card on completion and receive a full colour A4 certificate awarded. The qualification is valid for 12 months but refresher training is recommended every six months in line with Resuscitation Council guidance