

Course title:

RYA Start Windsurf Instructor

Duration:

5 days

Description:

RYA Start Windsurfing instructors are qualified to teach the Start Windsurfing course and Stages 1 and 2 of the Youth Windsurfing Scheme under the supervision of a senior instructor.

Course Aim: Plan, conduct and assess a windsurfing course for beginners.

Career Outcomes:

- Instructor within the watersports or outdoor recreation industry.
- Industry job roles that require windsurfing knowledge (e.g. sales rep, retail).

Pre Requisites:

- Minimum age 16
- Intermediate non-planing certificate with beach starting and non-planing gybe clinics
- RYA Powerboat Level 2 certificate*
- Valid first aid qualification**

**Please note that if you wish to attend a tidal instructor training course, the powerboat level 2 should be completed at a coastal location.*

***Acceptable certificates include the RYA's First Aid Certificate, First Aid at Sea or any other certificate issued on completion of a course which is a minimum of one days duration, recognised by the Health & Safety Executive and includes treatment of hypothermia, cold shock and drowning.*

Course content:

- Presentation skills
- Theory
- Simulator
- On water demonstrations
- Sailing skills
- Coaching skills

Assessment and certification

During your course you will give a pre planned 10min presentation to your peers then a 5 min impromptu presentation of a lucky dip subject of a selection of areas. Each day you will undertake a multiple choice questions paper to check your knowledge and the final day you will be asked to demonstrate particular aspects of the scheme to an external examiner.